

What are the best times to do your reading? – Transcript

Where and when do you read?

Emily: I try and get mine done in the morning. I think if I get into bed at night, I want to read something out of enjoyment. We read quite a lot of textbooks, articles, journal articles, and I try and get it done in the morning when I'm more focused.

Natasha: For me, personally, it's more like in the evenings. I'm more productive in the afternoon and evening, and I tend to sit at my desk, I have very strict timings. I work to structure. I think it's probably the school within me.

Holly: I find it better to work in the library silent spaces that we've got here, purely because there are no distractions and I can listen to my music and not bother anyone. But occasionally, like in the summer when I've had assignments, I go to the park and read, because it's a nicer environment. If you're happier in your environment, then you go through the text a lot quicker and don't get bogged down by all the words.